



# Winter January 2022 ATV/UTV Safety

## RIDING IN THE COLD – UTV SAFETY TIPS

Riding your UTV year round can be a fun and adventurous experience. In the winter, beautiful snow covered views and crisp frosty scenery awaits you. It is important to remember though that winter riding conditions are no joke. The cold weather can be potentially dangerous if you aren't prepared. If you plan to go out on a ride in the winter, follow these simple steps.

1. Prepare Your UTV - Before you head out, ensure you have fully prepared your UTV/ATV for driving on winter land.
2. Dress Appropriately - You never know what to expect in winter. Dress for the weather.
3. Bring Emergency Supplies - You must prepare yourself for anything regarding winter off-roading, so bring a first-aid kit. Other things you'll want with you include: water, matches, extra blankets, cell phone, shovel, tow strap, food, and sand for traction. Also, let others know where your going and when you'll be back.
4. Add Accessories - things like chains for the tires can help if you get stuck.
5. Know the Signs - Frostbite can occur in minutes if out in temperatures below zero. Symptoms include cold skin and a prickly feeling, and then numbness sets in. Red, white, bluish-white, or grayish-yellow skin appears, as well as hard or waxy-looking skin. Clumsiness is expected due to joint and muscle stiffness. Blistering after rewarming can occur in the worst cases. Get the person in a blanket and get to a hospital for examination and treatment immediately. Hypothermia carries signs such as uncontrollable shivering, blue lips, fatigue, slurred speech, weak pulse, slow, shallow breathing, confusion or memory loss, and loss of consciousness. If you notice these signs in you or someone else, get off the road immediately and seek shelter and help.

*Information from TerraRider UTV Windshields*

## WINTER IS COMING...



BE READY.



To get more information or to get involved,

Contact the SAFE Coalition:

(608) 847-9373 or visit our Facebook page



Never consume alcohol or drugs before or during ATV/UTV operation. Consuming alcohol or drugs is a factor in more than 40 percent of ATV related fatalities